



**MULTIDISCIPLINARY  
RESEARCH UNIT**  
Organizing  
***Online Workshop***  
ON

**"NAVIGATING TYPE I DIABETES: A  
MASTERCLASS IN CARBOHYDRATE  
COUNTING"**

**Keynote Speaker**

***Dr. Arundhatee Khare***

**Pediatric Endocrinologist, Deenanath  
Mangeshkar & KEM Hospital, Pune**



**Free Registration  
and certificates for  
Attendees**

**Date: 24th June, 2024  
Venue: MRU, PGIMS, Rohtak  
Time: 9.30 AM Onwards**

**For Registration**

*Email to: [mrurohtak@gmail.com](mailto:mrurohtak@gmail.com)*

**Google Meet joining info link:**

**<https://meet.google.com/uar-kowy-arz>**

**Organising Secretary**

**Dr. Anjali ( Associate Professor)  
Paediatrics, PGIMS, Rohtak)**

**Organising Chairperson**

**Dr. Simmi Kharb, Nodal Officer, MRU  
(Sr. Prof. & Head, Dept. of Biochemistry, PGIMS,  
Rohtak)**



**PT. B.D. Sharma Post Graduate Institute of Medical Sciences, Rohtak  
Multidisciplinary Research Unit (MRU)**

## **Programme Schedule**

**Multidisciplinary Research Unit organizing online Workshop**

### **“Navigating Type 1 Diabetes: A Masterclass in carbohydrate counting”**

**On 24<sup>th</sup> June, 2024**

<b>09.30 AM-09.45 AM</b>	<b>Welcome Address</b>	<b>Dr. Simmi Kharb, Nodal Officer, MRU and Sr. Prof. &amp; Head, Dept. of Biochemistry, PGIMS Rohtak</b>
<b>09.45 AM -10.00 AM</b>	<b>Introduction of programme to the participants</b>	<b>Dr. Anjali, Associate Professor, Dept. of Pediatrics, PGIMS, Rohtak</b>
<b>10.00 AM-11.00 AM</b>	<b>Mastering Carb Counting in Type 1 Diabetes Management</b>	<b>Dr. Arundhatee Khare Pediatric Endocrinologist Deenanath Mangeshkar &amp; KEM Hospital, Pune</b>
<b>11.00 AM-11.20 AM</b>	<b>Questions &amp; Answer</b>	
<b>11.20 AM-11.30 AM</b>	<b>Vote of Thanks</b>	<b>Dr. Anjali, Associate Professor, Dept. of Pediatrics, PGIMS, Rohtak</b>