PT.B.D.S. PGIMS, ROHTAK.

Foundation course (Admn. Batch 2026) **Venue: LT-5**

Date	8-9 am	9-10 am	10-11 am	11-12 noon	12-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
16.09.2026	----------	----------	**Ice Breaking** Anatomy	**Ice Breaking** Biochemistry	**Ice Breaking** Physiology	Lunch	**Ice Breaking** PSM	Introduction to computers **Mr. Deepak**	
17.09.2026	----------	----------	Address by authorities and Pledge on refraining from drugs	Overview of MBBS course **(Dean, PGIMS)**	Address by **Dean Student Welfare**	Lunch	Meet Anti-ragging committee and Pledge taking **Dr. RS Chauhan, Senior Prof & Head (Ophthalmology) Hostel Etiquettes -1 (Hostel Wardens -Boys)**	Computer Skill Training- - **Mr. Deepak**	
18.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		Role of doctors in the society and their impact. **Dr.Vinod Chayal (Community Medicine)**	Hostel Etiquettes - 2 (Hostel Wardens -Girls) **Dr. Aparna (Girls hostel)** Address by Student clubs (Dramatics, Photography Club, Cultural Club, Sports Club) **Dr. Manjunath (LAM),**	Lunch	History of Medicine and Alternate Systems of Medicine- **Dr. Vivek Sharma (Pharmacology)**	----------	

13.9.26

Date	8-9 am	9-10 am	10-11 am	11-12 noon	12-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
					Dr. Harneet (Dramatics), Dr. Mala Kamboj/ Dr. Kamal (Photography Club) Dr. Urmil Chawla/Dr. Varun Arora (Cultural Club) Dr. Vipin Garsa (Sports Clubs)				
19.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		Collaborative learning **Dr Ashuma (Biochemistry)**	The basic principles of community health and its impact on health and disease. **Dr. Meena Rajput (Community Medicine)**	Lunch	Principles of Primary Care (General and Community based care)- **Dr Raj Kumar (Community Medicine)**	———	
21.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		Functioning as a part of the health care team **Dr. Monica Verma (Biochemistry)**	Alternate Health System (AYUSH) **DAO**	Lunch	Interpersonal relationships-group dynamics **Dr. Yogender Malik (Psychiatry)**	Sports & Extra Curricular Activities **Dr. Vipin Garsa (Sports Club I/C)**	———

13.9.26

Date	8-9 am	9-10 am	10-11 am	11-12 noon	12-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
22.09.2026	Sports & Extra Curricular Activities **Dr. Vipin Garsa (Sports Club I/C)**	Skill lab training as per roster		Cadaver as First Teacher – **Dr. Gopal (Anatomy)** Cadaveric Oath- **Dr. Ritu (Anatomy)**		Lunch	Computer Skill Training- - **Mr. Deepak**	Use of AI and information technology **Dr. Aarti (Anatomy)**	————
24.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		Consequences of unethical behavior **Dr Sudhir Attri (Medicine)**	Health care system & its delivery **Dr Ramesh Verma (Community Medicine)**	Lunch	Mental Health & Suicide-breaking stigma **Dr. Siddharth Arya (Psychiatry)**	Sports & Extracurricular activities **Dr. Vipin Garsa (Sports Club I/C)**	————
25.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		Understanding compassion, altruism, integrity, duty, responsibility, and trust are the core values that define the nature of the physician's work. **Dr Jyoti Kaushal (Pharmacology)**	Understanding and Respecting Cultural Diversities **Dr. Monica Chhikkara (Anaesthesia)**	Lunch	Use of local language in patient and peer interactions. **Dr. Ajay (Orthopedics)**	Computer Skill Training- - **Mr. Deepak**	————
26.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		**Community Medicine Field Visit (Community Medicine)**		Lunch	The learning pedagogy and its role in learning skills. **Dr.Aarti (Anatomy)**	Sports & Extracurricular activities **Dr. Vipin Garsa**	————

13.9.26

Date	8-9 am	9-10 am	10-11 am	11-12 noon	12-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
								(Sports Club I/C)	
28.09.2026	Yoga **(Dr.Veer Bhadra)**	Skill lab training as per roster		Disability Act and etiquettes **Dr Neelam (Community Medicine)**		Lunch	Communication Skills **Dr. Umesh (Orthopedics)**	Sports & Extracurricular activities **Dr. Vipin Garsa (Sports Club I/C)**	----------
29.09.2026	Yoga **(Dr.Veer Bhadra)**	Sports & Extracurricular activities **Dr. Vipin Garsa (Sports Club I/C)**		Stress management- **Dr. Purushottam (Psychiatry)**	Concept of Professionalism and Ethics among health care professionals. **Dr. Jitender Jakhar (Forensic)**	Lunch	Computer Skill Training- - **Mr. Deepak**		----------
30.09.2026	**Yoga (Dr.Veer Bhadra)**	Sports & Extracurricular activities **Dr. Vipin Garsa (Sports Club I/C)**	Time Management Dr. Pooja Rani **(Anatomy)**	White coat ceremony – Organised by Anatomy Department		Lunch	Value of Integrity & Honesty in IPR- **Dr. Savita Verma (Pharmacology)**	National Health Priorities & Policies- **Dr. Anuj Jangra (Community Medicine)**	----------

13.9.26